Update on Novel Coronavirus (COVID-2019) | March 6, 2020

What do I need to know?

- **Coronaviruses** cause mild illness in most people, but can lead to severe or fatal disease if not properly managed. People at highest risk are those with weaker immune systems and poorer overall health.
- Symptoms may appear within 14 days of exposure, and closely resemble those of the flu (i.e., fever, sore throat, cough, shortness of breath, muscle aches, and diarrhea).
- At this time, the risk of pandemic in the United States remains low. A [webpage](#) has been developed by the Centers for Disease Control and Prevention to monitor the latest information.

What can I do to protect myself?

- There is no vaccine or specific medical treatment available at this time.
- Precautionary measures include maintaining good health habits to support your immune system; practicing good personal hygiene; avoiding contaminated people, places, or things; and observing recommended travel guidelines.

What should I do if I have flu-like symptoms?

- Do not come to work. You will be putting others at risk.
- Do not report to the Sasol Medical Clinic. We are not equipped to test or treat viral infections.
- Contact your doctor. Call ahead before visiting to help them keep other patients from being exposed.
- Manage your fever. General guidelines include rest, clear fluids to avoid dehydration, and over-the-counter medications such as acetaminophen, ibuprofen, or aspirin.
- Report this condition to your supervisor. Many people are experiencing only mild symptoms, so it is critical to report this as soon as possible to help contain the spread of the illness.

For Supervisors – What should I do if an employee reports flu-like symptoms?

- Inform the Sasol Medical Department immediately. We want to stay in front of this, and therefore need to manage each case from the onset of symptoms. Employees will be restricted from returning to work until they are free of fever, signs of fever, and any other symptoms for at least 24 hours.

What measures is Sasol taking at this time?

- The NAO Leadership team is actively monitoring the outbreak globally, regionally, and locally. We are working closely with Group Health to ensure the health of our employees remains the top priority.
- We are ensuring our current emergency preparedness strategies are fit for purpose, with emphasis on building robust business continuity plans.
- Business travel has been limited to essential needs only, and may be subject to approval by your VP/SVP. Personal travel should follow the CDC guidelines. Employees traveling to high risk areas may be subject to a medical evaluation prior to returning to work.
- This situation is rapidly evolving. Additional safeguards will be implemented as appropriate. Stay tuned, and stay well…